

## DriveABLE Benefits

- Specifically developed for drivers with medical conditions
- Based on award winning university research
- Fair for drivers of any age as well as rural and urban drivers
- Protects those drivers who remain competent to drive from being falsely identified.
- Provides an accurate, arms-length decision, reducing the emotional burden for families and caregivers.

## The Cost of Operating a Vehicle

Automobile Associations estimate that it costs anywhere between \$500-\$900 a month to operate a motor vehicle. That money can be used to pay for alternative transportation. The table below will help you to calculate how much money will be available.

Costs of Driving	Totals
Monthly vehicle payment ____ x 12	\$
Monthly gas and oil costs ____ x 12	\$
Monthly parking costs _____ x 12	\$
Auto Insurance	\$
Registration / licence costs	\$
Yearly car maintenance	\$
Annual ticket and accident costs	\$
Vehicle value if it is sold	\$
Total Available	\$ _____



Medical conditions and/or medications can cause even the best driver to become unsafe. Any medical condition or medication that affects mental abilities can affect driving. Sometimes several conditions can combine to make the person unsafe to drive. These conditions can increase the risk of a crash by 2 to 5 times. Most crashes of medically impaired drivers endanger other road users.

## Contact Us

For more information or to find out how to become a licensed DriveABLE user contact us at:

**Website:** [www.driveable.com](http://www.driveable.com)

**Toll Free:** 1-877-433-1494

**Email:** [info@driveable.com](mailto:info@driveable.com)



## Red Flags & Warning Signs

- Stroke
- Heart disease
- Lung disease
- Medications
- Alzheimer disease, other dementias
- Head injury
- Functional concerns (memory loss, poor judgment, indecisiveness, disorientation or loss of strength, flexibility or balance)
- Driving concerns (crashes, tickets, getting lost, close calls, unaware of driving errors, driving slowly, missing traffic signs)



Drivers who lack insight into their driving difficulties can strongly resist attempts to have them stop driving. The best way to know if someone is safe to drive is to have a fair and accurate driving assessment.

## When a Discussion About Driving is Necessary

The thought of giving up driving can be very difficult. Driving means mobility and independence and it is tied to self-esteem. Having to stop driving is often seen as a very concrete marker of declining ability. It can be threatening for some people. Discussing concerns about driving can be difficult for families. Use the steps in this brochure to help guide your discussion.

### 1. Be Prepared

- Make a list of safety and medical concerns.
- Explore legal concerns and licensing requirements.
- Calculate the “Cost of Driving” (see next page).
- Plan for future transportation needs.
- Obtain information about where to have a driving assessment ([www.driveable.com](http://www.driveable.com)).
- Plan early, especially if illness is progressive.
- Expect resistance.
- Find out what driving means to the person.



### 2. Be Strategic

- Consider family/relationship dynamics.
- Try to have all family members on side.
- Decide who would be best to raise the topic.
- Be aware that the driver may lack insight about driving problems. This is not denial but a genuine lack of awareness.
- It can be helpful to have discussions with the driver before the need arises.
- Remain positive, focus on what you can do.
- Be sensitive but resolved.

### 3. Open the Discussion

- When appropriate, acknowledge the driver’s past driving record.
- Note that things have changed.
- Use concrete situations you have observed.
- Blame the medical condition, not the person.
- Discuss the implications of having a crash.
- Be responsive to the driver’s concerns.
- Focus on the need for an objective driving assessment.
- Address future transportation issues.

## DriveABLE

DriveABLE is an unbiased and objective evaluation that fairly and accurately determines when driving has declined to an unsafe level due to medical conditions and/or medications.

The DriveABLE Cognitive Assessment Tool is an assessment of the skills and mental abilities necessary for safe driving that occurs in our offices. It includes tasks that look at attention, judgment, decision-making, and memory.

### Additional Testing

Sometimes, the results from the DriveABLE assessment done in the office do not result in a recommendation about patients’ abilities to drive safely. In those cases, clinical judgment as well as an in-car evaluation may be necessary to determine the next actions.